File No. 13020/2/2023-IES Ministry of Finance Government of India Department of Economic Affairs (IES Cadre)

Room No. 59, North Block, New Delhi, dated: 15.02.2024

OFFICE MEMORANDUM

Subject: Nomination of Indian Economic Service (IES) Officers for participation in the KAUSHALAM Retreat – A one week residential signature program from Heartfulness Institute for Mental Well Being & Inside-Out Personal Transformation with Heartfulness Institute, Hyderabad to be held from $20^{th} - 24^{th}$ February, 2024.

In continuation with the O.M of even no. dated 07.02.2024, it may be noted that the following Officers have also confirmed their participation in the KAUSHALAM Retreat – A one week residential signature program from Heartfulness Institute for Mental Well Being & Inside-Out Personal Transformation with Heartfulness Institute, Hyderabad to be held from $20^{th} - 24^{th}$ February, 2024:

SI. No.	Name	Batch	Designation	Department/ Ministry
-				Ministry of Health and Family
1	Ms. Indrani Kaushal	1995	Economic Adviser	Welfare
				Ministry of Petroleum and Natural
2	Ms. Mamta	2008	Director	Gas

2. IES Cadre will bear the Programme fee, cost of accommodation for the workshop. The TA/DA of the nominated officers, as applicable, for travel from Delhi/place of posting to Heartfulness Institute, Hyderabad and back is required to be borne by the respective Ministry/Department/ Organization as per extant rules. The officers may kindly contact the following nodal officer of the respective host organization prior to the commencement of the training course, in order to tie up necessary logistics and to finalise their travel plans:

Sl.	Name of Institute	Address & Contact Person		
No.				
i.	Heartfulness Institute,	Kanha Shanti Vanam, Kanha Village, Nandigama Mandal,		
	Hyderabad	Ranga Reddy District, Telangana 509325		
		Contact person:		
		Shri Harpreet Bhan, Director Kaushalam		
		Contact No. 9560482428		
		Email id : harpreet.bhan@volunteer.heartfulness.org		

- 3. It is requested that the nominated Officers, as per list at Para 1 above, may be relieved by their respective Ministry/Department/Organisation to enable them to attend the instant Training Programme to be held from $20^{th} 24^{th}$ February, 2024.
- 4. This issues with approval of the Competent Authority.

(Isha)

Assistant Director (IES) Ph. No. 011-23095219

- 1. Joint Secretary (Administration/Establishment), Ministry of Health & Family Welfare, Nirman Bhawan, Maulana Azad Road, New Delhi
- 2. Joint Secretary (Administration/Establishment), M/o Petroleum & Natural Gas, Shastri Bhawan, New Delhi
- 3. Heartfulness Institute, Hyderabad via mail.
- 4. Officers concerned
- 5. Personal file of the nominated officers.
- 6. Guard file on Trainings.

Copy to:

1. PPS to CEA/Adviser (IES)/ Director (IES)/US (IES)/ AD (IES)/ SO (IES Cadre).